

Recommended Buffalo Public Schools  
 Grades K-6 Daily Schedule

Recommended Time Allotment	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-8:30 am (30 mins)			<b>Healthy Start</b> Children wake up and brush their teeth. Allow children to assist in making breakfast.		
8:30-9:00 am (30 mins)		Allow children to help clean up their area as they get ready for their school day at home. <b>Morning Movement</b> Begin your mornings with stretches or child friendly yoga.			
9:00-10:00 am (60 mins)	Journeys (Senderos) Activities or gr 6 <i>The Lightning Thief</i> , Vocabulary Practice, Independent or Shared Story Readings, Writing and Grammar Activities, Clever (on-line), <i>HOTI</i> Questions, Lexia Core5 or PowerUp, Reading Logs, Journal		<b>Reading Instructional Time</b>		
10:00-11:00 am (60 mins)		Math Modules, Finish Line Workbook, Prodigy Math, Moby Max, Sprints, Khan Academy	<b>Math Instructional Time</b>		
11:00-11:30am (30 mins)		Art Lesson, Virtual Field Trips, Instrument/Music Practice	<b>Visual Art or Music</b>		
11:30-12:00 am (30 mins)		Children should prepare for lunch by washing their hands and helping to set the table. Encourage table manners, oral language and good nutrition.	<b>Lunch</b>		
12:00-12:30 pm (30 mins)	Pearson Elevate, Science Kid Links, Brain Pop, Khan Academy, NYS Science Standards Game Links, Scholastic		<b>Science Instructional Time</b>		
12:30-1:00 pm (30 mins)		Indoor Gym Games or Indoor Play.	<b>Recess / Gym</b>		
1:00-1:30 pm (30 mins)	Social Studies Lessons (Themes vary by Grade level), Interactive Virtual Field Trips, Khan Academy, BrainPop		<b>Social Studies Instructional Time</b>		
1:30-2:00 pm (30 mins)		Children should rest quietly and reflect on their day. They can read a book or write in their journals.	<b>Quiet Time</b>		
2:00-3:00 pm (60 mins)	Conclude each day with a Wrap-Up Routine. Review the day's activities and preview what learning is yet to come. Have a healthy snack let them choose (if possible) and prepare the snack for you both. Children can log back into their favorite academic based apps or websites.		<b>Snack &amp; Free Tech Time</b>		