

Red Ribbon Week 2021 :
5 days during October 23 – 31st

Day 1: Bullying Awareness Day

Click [here](#) to find a lesson for each grade level band on what the definition of bullying is and how to report and handle bullying.

BPS Staff: Review the Bullying/Harassment webpage at <https://www.buffaloschools.org/Page/87277> and view the Bullying Awareness, Prevention and Intervention webinar.

PROCEDURAL STEPS (20 min)

*Applicable Teacher Directions for Procedural Steps
(Ensure a Writing Activity is Included in Each Lesson)*

1. Show the video <https://www.youtube.com/watch?v=peDosNN7I3w>
2. After show the video, ask the following questions:
 - a. What is bullying?
 - b. What is cyberbullying?
 - c. How does bullying make you feel?
 - d. What was done in the video to stop the bullying/cyberbullying?
 - e. Have students review the following table.

What is bullying?	<ul style="list-style-type: none">• Acts that hurt someone• Acts that are done on purpose• The acts may be done over and over or it's hard to make the bully stop• It's not a two-sided conflict
What does bullying look like?	<ul style="list-style-type: none">• Physical (hitting, kicking, biting, throwing things, etc.)• Verbal (name calling, teasing, insulting, etc.)• Relational (gossip, exclusion or leaving people out)• Cyberbullying (mean text-messages or internet activity)
How does bullying make people feel?	<ul style="list-style-type: none">• Sad• Mad• Afraid• Hopeless
Classroom rules against bullying?	<ul style="list-style-type: none">• Respect one another• Be kind• Help others that are bullied by speaking out or getting adult help

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Day 2: Recognize Role Model Day

Parents, faculty and staff can all appreciate "Recognize Role Models Day" as students fill out their special ribbons to give to adults that have helped them to stay bully and drug-free through their examples, love and support. Use pattern or create your own.



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Day 3: Wear Red Day

“Wear Red Day” is Red Ribbon Week’s longest running theme day! Encouraging everyone to wear as much red as possible today.



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Day 4: Take a Stand Day

Red Ribbon Week is about making a pledge to ourselves, our families and our communities to stay bully free. Create a “Take a Stand” or “Anti-Bullying Pledge” and encourage everyone to highlight and pledge a commitment to be bully-free.



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Day 5: Circle Up Against Bullying:
Facilitate a virtual anti-bullying circle. Click for [Bullying Prompts](#).

Sample prompts include; what is the difference between bullying and teasing; how can you be a supportive bystander?

