

Recommended Buffalo Public Schools
Grades K-6 Daily Schedule

Recommended Time Allotment	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-8:30 am (30 mins)	Healthy Start Children wake up and brush their teeth. Allow children to assist in making breakfast. While eating breakfast together discuss the plans for your day. Allow children to help clean up their area as they get ready for their school day at home.				
8:30-9:00 am (30 mins)	Morning Movement Begin your mornings with stretches or child friendly yoga.				
9:00-10:00 am (60 mins)	Reading Instructional Time Journeys (Senderos) Activities or gr 6 <i>The Lightning Thief</i> , Vocabulary Practice, Independent or Shared Story Readings, Writing and Grammar Activities, Clever (on-line), <i>HOT!</i> Questions, Lexia Core5 or PowerUp, Reading Logs, Journal				
10:00-11:00 am (60 mins)	Math Instructional Time Math Modules, Finish Line Workbook, Prodigy Math, Moby Max, Sprints, Khan Academy				
11:00-11:30am (30 mins)	Visual Art or Music Art Lesson, Virtual Field Trips, Instrument/Music Practice				
11:30-12:00 am (30 mins)	Lunch Children should prepare for lunch by washing their hands and helping to set the table. Encourage table manners, oral language and good nutrition.				
12:00-12:30 pm (30 mins)	Science Instructional Time Pearson Elevate, Science Kid Links, Brain Pop, Khan Academy, NYS Science Standards Game Links, Scholastic				
12:30-1:00 pm (30 mins)	Recess / Gym Indoor Gym Games or Indoor Play.				
1:00-1:30 pm (30 mins)	Social Studies Instructional Time Social Studies Lessons (Themes vary by Grade level), Interactive Virtual Field Trips, Khan Academy, BrainPop				
1:30-2:00 pm (30 mins)	Quiet Time Children should rest quietly and reflect on their day. They can read a book or write in their journals.				
2:00-3:00 pm (60 mins)	Snack & Free Tech Time Conclude each day with a Wrap-Up Routine. Review the day's activities and preview what learning is yet to come. Have a healthy snack with your child. Let them choose (if possible) and prepare the snack for you both. Children can log back into their favorite academic based apps or websites.				