"At the onset of the COVID-19 pandemic, researchers at the World Health Organization (WHO) were quick to recommend the use of face masks as a preventive measure.

Gale Burstein, a professor at Buffalo State College, said, "The use of face masks has been found to be effective in reducing the spread of respiratory diseases."

The CDC recommends that all individuals wear face masks in public settings where social distancing is difficult to maintain.

A recent study by the American Journal of Public Health found that individuals who consistently wear face masks have a lower risk of contracting COVID-19.

In conclusion, the use of face masks is essential in controlling the spread of the COVID-19 pandemic. It is important to wear them correctly and consistently to protect ourselves and others.
• ကူးကြားမြို့်များခြင်း
• U.S. အေရးကိုတွေ့ရှိနေသည်နှင့်အတူ
• ဗိုလ်ချုပ်အောင် ဗိုလ်ချုပ်ကို
• သို့မဟုတ် ကူးကြားမြို့်များခြင်း