



*Brought to you by the Division of Student Support Services*

# COLLECTIVE CARE CAFE'

***You can't pour from an empty cup...***

***Need support?***

***Need an outlet?***

***Learn and share some self-care tips.***



***Free Yoga For Classroom card  
sets for participants!  
While supplies last***

**JANUARY 2021**

**Jan. 6, 2021 11:30 am - 12:00 pm**

**Jan. 20, 2021 11:30 am - 12:00 pm**

**Jan. 27, 2021 8:15 am - 8:45 am**

## **We are here for YOU!**

**Click the meeting date above for access to the Teams Link  
For more Information please contact Aundrea Sanders  
[Asanders@buffaloschools.org](mailto:Asanders@buffaloschools.org)**

