

Bullying Prevention Prompts

Bullying is unwanted, aggressive behavior among school aged children that involves a real or perceived power imbalance. The behavior is repeated, or has the potential to be repeated, over time. Bullying includes actions such as making threats, spreading rumors, attacking someone physically or verbally, and excluding someone from a group on purpose. When Students are more aware of bullying and how harmful it can be to those who are targeted, they'll be more likely to stand up for their peers when they see someone being bullied. Use these circle prompts to raise awareness and promote acceptance in your classroom.

What can you do to put a stop to the culture of bullying?

Why do you think kids bully?

What feeling does a person feel when they are bullying someone or putting someone down?

How can you help people understand that bullying is a problem?

What's the difference between a bystander and an upstander?

How can you support your peers who have been bullied in the past?

Do you think there is more bullying online or in the classroom and why?

What would you do if someone tried to Bully you?

What is the difference between bullying and teasing?

When you see someone being bullied do you feel comfortable going to a teacher? Why or Why not?

Have you ever felt bullied by someone? How did that make you feel?

Have you ever bullied someone? How did you feel before, during and after?

Name a way to go from a bystander to an upstander

How can you interrupt a bully (classroom, playground, and computer)?

Are there any risk for standing up to someone that is being a bully? What are they?

Have you ever talked to your parents about bullying? What did they say?

What can bullying sound and look like?

Where have you seen bullying take place?

Why do you think someone chooses to be a bully?

Why is it important to accept people for who they are?

Have you ever tried to stop someone who is being a bully?

Have you ever wanted to stand up for someone that was being bullied? Did you intervene? Why? Or Why not?

How can you encourage others to be more accepting of those that are different?

How do you think a bullying victim feels after being laughed at hurt or degraded?

When is it challenging to be a good friend?

How can you be a better friend to your classmates?