

Press Release

FOR IMMEDIATE RELEASE

April 26, 2022

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Project AWARE at Burgard High School presents Mental Health Awareness & Wellness Day.

StayWokeGiveback.com is sponsoring **Guest Speaker Justin Michael Williams** at Burgard High School and streamed via zoom for the Buffalo Public School District and the Community at large.

Justin Michael Williams was called an “Inspirational Powerhouse” by grammy.com “From growing up with gunshot holes outside his bedroom window” to becoming an **author, recording artist, and transformational speaker**. His book “Stay Woke” is a voice for diversity and inclusion in Wellness.

Buffalo, New York– The press, students, parents, family and community members are invited to the virtual Mental Health Awareness & Wellness Day at Burgard High School, 400 Kensington Avenue, Buffalo New York on **May 6, 2022** from **9:30-10:30am**

The event will take place via online platform zoom Meeting ID 810 0492 9724
Passcode: StayWoke

<https://us02web.zoom.us/j/81004929724?pwd=eURNU1JkY2hVQnZXa3M2MzErUIZFZz09>

The event is **VIRTUAL, FREE** and **open to All**.

Project AWARE at Burgard High School is a mental health grant whose mission is to engage parents and families, connect them to mental health/community resources, and provide training in mental health in a sustainable and lasting way.

More information on the event can be found on district website www.buffaloschools.org or call (716) 830-6629.

COMPANY INFO:

**Project AWARE
Burgard High School
400 Kensington Avenue
(716) 830-6629**

