

# Bully Free 5K - 2016

Sponsored by Lorraine Elementary  
Friday, May 13, 2016



Pre-registration deadline May 6, 2016  
(Add \$5 after May 6th)

LAST NAME \_\_\_\_\_

FIRST NAME \_\_\_\_\_

NUMBER & STREET \_\_\_\_\_

TOWN/CITY \_\_\_\_\_ Birthday \_\_\_\_\_

STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

T-SHIRT SIZE (Indicate A for adult and Y for youth) \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

Circle ONE: RACE WALK PARTY ONLY

Circle ONE: Male Female Age on Race Day \_\_\_\_\_

Please make checks payable to: Lorraine Elementary PTO  
Mail to: Attn: Kelly Gasior, Lorraine Elementary BPS #72, 71 Lorraine Ave,  
Buffalo, NY 14220

Please email any questions to: [BullyFree5K@gmail.com](mailto:BullyFree5K@gmail.com)

DECLARATION: In consideration of this entry, I hereby, for myself, my heirs, executors, and administrators, waive, release and forever discharge any and all rights and claims for damages which I may have hereafter accrued to me against Lorraine Elementary BPS #72, or its or their respective officers, agents, representatives, successors, sponsors, and any other participating organization, and/or arising out of my traveling to participating and returning from said athletic event. Additionally, I understand that participation in this event constitutes permission to use my name and likeness for promotional purposes without compensation.

RUNNER'S SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

**Online Registration at: [www.itsbuffalotime.com](http://www.itsbuffalotime.com)**

## 4th Annual Bully Free 5K and 1 Mile Fun Run sponsored by Lorraine Elementary BPS #72

Walk Start Time: 6:15pm

Race Start Time: 6:30pm

Post-Race Party



**\*\*Free shirt to the first 200 registered runners\*\***

**Our Mission:** The Lorraine Elementary 5K and Fun Run is a celebration of the school and community. Our mission is to promote a Bully-Free school for our students. Through this race we will create a Bully-Free school zone through education and increased awareness within the South Buffalo community. **Race participants pledge to take an active stand to be bully free and become active bystanders by standing up to bullies.**

### ENTRY FEES

\$20.00 RUNNER pre-registration (add \$5.00 after 5/6)  
\$10.00 Student RUNNER (add \$5.00 after 5/6)  
\$10.00 Walker (add \$5.00 after 5/6)  
\$5.00 Student Walker (add \$5.00 after 5/6)  
\$5.00 Post Race Party ONLY

### AGE GROUPS

9 & under, 10-14  
15-19, 20-24,  
25-29, 30-34,  
35-39, 40-44,  
45-49, 50-54,  
55-59, 60-64,  
65-69, and  
70 & older

### RACE ROUTE

Lorraine Avenue  
right onto Mercy St,  
right onto Belvedere,  
left onto McKinley,  
left onto Coolidge, right  
onto Hancock, left onto  
Downing, right on  
Hansen, right onto  
Dorrance, right onto  
McKinley, right onto  
Lorraine Avenue.

Race packets will be  
available on Thurs, May  
12 from 12-5pm and Fri,  
May 13 from 4pm-  
6pm at Lorraine  
Elementary.

### AWARDS

Overall Male & Female  
& 1st, 2nd, & 3rd in each  
category

### POST RACE PARTY

Basket Raffle  
Food & Beverages  
Entertainment  
Family Friendly!

PLEASE SIGN: I \_\_\_\_\_ pledge to take an active stand  
to be bully free and become an active bystander by standing up to bullies.