

You can Make the Difference.....



Schools often rely on fundraisers to bridge gaps and help pay for athletic equipment, field trips, and supplies. But even though rates of childhood obesity have tripled in recent years, fundraisers all too often rely on the sale of calorie-dense, low-nutrient junk food.

However, The Southern Tier Wellness Partnership would like to provide you with a wide range of non-food and healthy-food fundraising options. These creative and unique items can raise as much or even more money than junk-food sales.

School fundraisers are great opportunities for schools to show their commitment to healthy living to students, parents, and the community.



Fundraising

Things to Sell

- candles
- greeting cards
- gift wrap, boxes, and bags
- magazine subscriptions
- gift items
- coupon books
- holiday wreaths
- gift certificates
- flowers, bulbs, poinsettias
- cookbooks
- balloon bouquets
- house decorations
- T-shirts, sweatshirts
- books, calendars
- buttons, pins
- air fresheners
- scratch-off cards
- customized stickers
- football seats
- kissing on the cheek booth
- hugging booth
- plants
- elephant rides
- pet treats/toys/accessories
- tupperware
- Christmas ornaments
- school spirit gear
- first aid kits
- crafts
- emergency kits for cars
- batteries
- brick/stone/tile memorials
- temporary/henna tattoos
- pocket calendars
- raffle donations
- stuffed animals
- coffee cups, mugs
- rent a special parking space
- foot warmers
- spirit/seasonal flags
- bumper stickers
- souvenir cups
- license plates or holders w/school logo
- giant coloring books
- scarves
- megaphones
- gift baskets
- hats
- jewelry
- Valentine flowers
- school art drawings
- Christmas trees
- yearbook covers
- mistletoe
- student directories
- yearbook graffiti
- monograms
- newspaper space, ads
- stationary
- stadium pillows
- school frisbees
- sell/rent wishes
- garage sale
- bath accessories
- music, videos, CDs

Things to Do

- gift wrapping
- fun runs
- walk-a-thons
- bike-a-thons
- jump-rope-athons
- rent-a-teen helper (rake leaves, water gardens, mow lawns, wash dog)
- car wash (pre-sell tickets as gifts)
- singing telegrams
- talent shows
- read-a-thons
- spelling bee
- science fairs
- carnivals (Halloween, Easter)
- dances (kids, father/daughter, family, Sadie Hawkins)
- workshops/classes
- festivals
- recycling cans/bottles/paper
- golf tournament
- bowling night/bowl-a-thon
- skate night/skate-a-thon
- auction (teacher does something for kids)
- raffles (teachers do a silly activity)
- magic show
- family/glamour portraits
- treasure hunt/scavenger hunt
- tennis/horseshoe competition
- penny wars (pennies+1 point, nickels+5, quarters +25, team w/most points wins)
- raffle (movie passes, theme bags)

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Healthy Food Items

- fruit smoothies
- frozen bananas
- trail mix
- fruit & nut baskets
- lunch box auctions
- fruit & yogurt parfaits

Things That Involve the Community

- rent-a-teen helper
- auction
- workshop/class
- conference
- treasure hunt/ scavenger hunt
- craft sales
- tennis/horseshoe pitching competition
- golf tournament
- recycling cans/bottles/paper
- festivals

Things that Support Academics

- read-a-thon
- science fair
- spelling bee

Things that Promote the School

- cookbook made by school (parents, teachers, kids)
- T-shirt/sweatshirt sales
- bumper stickers & decals
- school logo air fresheners
- scratch off cards
- calendars

