

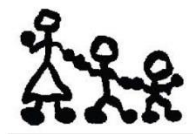
Program Overview

Program Description

The evidence-based Incredible Years© program enhances parenting skills and increases parental involvement for refugee and immigrant families.

Classes are held throughout the community at partner organizations and are designed to help parents address the challenges and navigate through cultural differences related to raising children in the United States.

The Incredible Years© curriculum is taught in three age-specific modules: Babies (0-12 months), Toddlers (1-3 years), and Pre-school (3-6 years). Instructional tools include videos, group discussion, brainstorming, role-play, take-home assignments, and handouts. Language facilitators and translated materials ensure full cultural and linguistic access.



Target Population

Our target population consists of resettled refugee, asylum seeker, and other immigrant families living within the city of Buffalo.



Services

Each class session will deliver a different segment of the evidence-based curriculum from the Incredible Years© program. Some of the topics that are emphasized through this curriculum are:

- How to play with children
- Praise and use of incentives
- How to establish predictable rules and routines
- Positive discipline techniques
- Establishing support systems

Program Incentives

We provide incentives for participants who regularly attend scheduled classes and complete home activities.

Incentives provided include:

- Free childcare
- Rewards for participation
- Snacks and/or small meals

*For additional
information, please
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Parenting
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